

Readings on the Twelve Steps in the Big Book Jun-03

Step	Text	Reading	Mtng. No.
1	"We admitted we were powerless over alcohol— that our lives had become unmanageable."	The Doctor's Opinion pp. xxiii-xxx	1 ✓
	"We admitted we were powerless over alcohol— that our lives had become unmanageable."	Chapter 3: More About Alcoholism pp. 30-43	2 ✓
2	"Came to believe that a Power greater than ourselves could restore us to sanity."	Chapter 2: There is A Solution pp. 17-29 also Appendix II Spiritual Experience pp.569	3 ✓
	"Came to believe that a Power greater than ourselves could restore us to sanity."	Chapter 4: We Agnostics pp. 44-57	4 ✓
3	"Made a decision to turn our will and our lives over to the care of God as we understood Him."	Chapter 5: How It Works pp. 58-64 to "causes and conditions."	5 ✓
4	"Made a searching and fearless moral inventory of ourselves." Resentment ✓	Chapter 5: How It Works pp. 64-67 to "these matters straight."	6 ✓
	"Made a searching and fearless moral inventory of ourselves." Fear	Chapter 5: How It Works pp. 67-68 to "outgrow fear."	7 ✓
	"Made a searching and fearless moral inventory of ourselves." Sex	Chapter 5: How It Works pp. 68-71	8 ✓
5	"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."	Chapter 6: Into Action pp. 72-75 to "Spirit of the Universe."	9 ✓
6 & 7	"Were entirely ready to have God remove all these defects of character." "Humbly asked Him to remove our shortcomings."	Chapter 6: Into Action p. 75-76 to "completed Step Seven."	10 ✓
8 & 9	"Made a list of all persons we had harmed, and became willing to make amends to them all." "Made direct amends to such people wherever possible, except when to do so would injure them or others."	Chapter 6: Into Action pp. 76-84 to "work for them."	11 ✓
10	"Continued to take personal inventory and when we were wrong promptly admitted it."	Chapter 6: Into Action pp. 84-85 to "that means more action."	12 ✓
11	"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."	Chapter 6: Into Action pp. 85-88	13 ✓
12	"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs."	Chapter 7: Working with Others pp. 89-96 to "of their chance."	14 ✓
12	"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs."	Chapter 7: Working with Others pp. 96-103 starts "Suppose you are now"	15 ✓